



# SELF COACHING TOOLS @ ROCHE

*Who is the leader on my ship?*

**PDF-WORKBOOK FOR THE ONLINE-WORKSHOP**

**DATE:** \_\_\_\_\_

**FOR ROCHE IN ROTKREUZ - BY STEFANIE VOSS**



# 3 # HASHTAG # INTRODUCTION ROUND



**My Idea Collection:**

**My 3 Hashtags:**

# NOTES



*Self-Coaching is a*

*dialogue*

*, which*

*I am*

*.*

*The role of the Coach*

*is being replaced*

*.*

*It is simply done and quick.*

*It is time flexible and always available.*

*It is inexpensive.*

*Self-Coaching  
creates*



# NOTES



# LOOKING THROUGH THE MAGNIFYING GLASS ON ...



# NOTES





# THE TREASURE CHEST



# NOTES



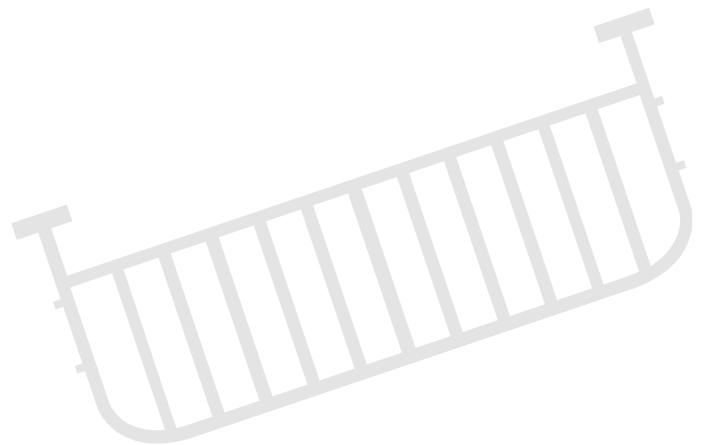
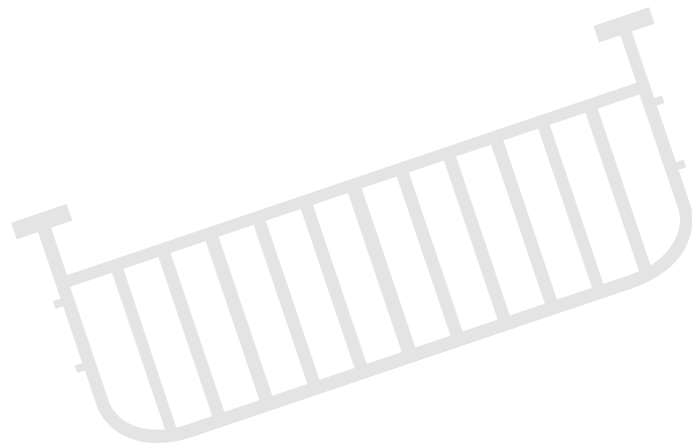
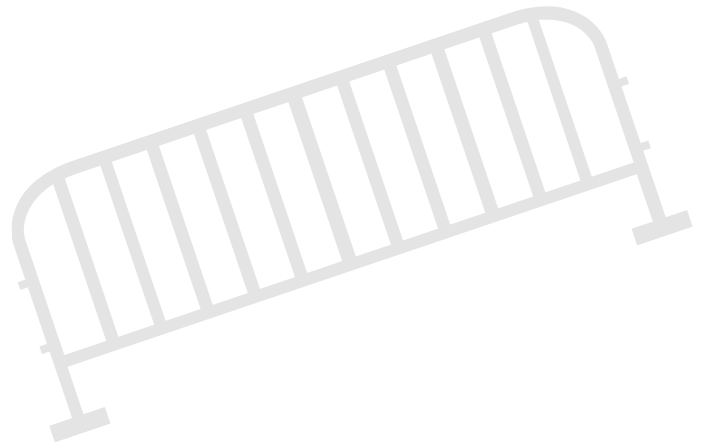
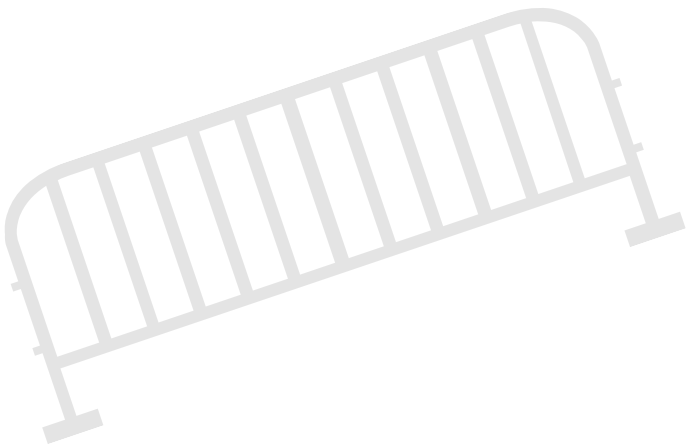
# THE ICEBERG



# NOTES



# THE GUARDRAILS



# NOTES

